



**HIRO'S JUDO CLUB**  
ESTABLISHED IN 1957 BY HIRO KANASHIRO

**The 42nd  
Rocky Mountain Invitational Shiai**

**Saturday, February 4, 2023**



Judo Alberta Sanction #2023-3

**Location: Shane Homes YMCA at Rocky Ridge  
11300 Rocky Ridge Rd NW  
Calgary, AB**

**U10, U12, U14, U16, U18, U21 (Female and Male)  
Senior Women and Senior Men  
Veteran Men and Women**

**This is a pre-registration tournament only.  
This is a points tournament for the 2023 National Championships**

**Honorary Tournament Chairman: Mr. Paul Knoll  
Tournament Chairman: Mr. Garry Yamashita  
Tournament Director: Mr. George Tesanovic  
Chief Referee: Mr. Allan Sattin, IJF Continental Referee**

**Gradings for Provincial C, B, and A level Referees will be held at the tournament.  
Club Sensei should submit the names of candidates to Steven Norris ([stevenorris69@gmail.com](mailto:stevenorris69@gmail.com)) by January 20, 2023.  
Candidates for Provincial C can put their own names forward.**

Supported by volunteers from the Airdrie Judo Club, Hiro's Judo Club, and Ishi Yama Institute of Judo

**ENTRY FEES:** \$50.00 per judoka  
Additional Division \$10  
Entries will be accepted until January 29, 2023

**REGISTRATION:** [www.TrackieReg.com/RMIJT2023](http://www.TrackieReg.com/RMIJT2023)

**WAIVERS ON TRACKIE ARE REQUIRED TO BE ACKNOWLEDGED BY PARENTS/GUARDIANS FOR MINORS UNDER 18. THOSE OVER 18 MUST ACKNOWLEDGE THEIR OWN WAIVER; NOT COACHES, REGISTRARS OR SOMEONE ELSE.**

**No phone entries. No registrations accepted at weigh-ins. No refunds.**

**PLEASE HELP US BY GETTING YOUR REGISTRATION IN EARLY - THANK YOU.**

For judoka in U10 and U12, **use the attached club entry form.** A club sensei **needs** to confirm the listed weights to eliminate the need for these judokas to attend weigh-in. Submit these entry forms to Garry Yamashita at [gee\\_why2@yahoo.com](mailto:gee_why2@yahoo.com) by January 31<sup>st</sup>. However, all U10 and U12 competitors will need to check in at the tournament site, so we can confirm their attendance.

**ELIGIBILITY:** Judoka must be in the designated age and weight parameters using the year born.  
Changing weight divisions at weigh in will result in a \$10.00 charge.  
Minimum rank - Yellow Belt (5K-Gokyu)

**LOCATION:** Shane Homes YMCA Rocky Ridge Gymnasiums #1 and 2  
11300 Rocky Ridge Rd NW, Calgary, AB

**AWARDS:** First, Second and Third Place medals for Shiai  
In U10 and U12 'Participation' Categories, each judoka will receive a recognition award  
*Judokas are required to wear their judogis or an official team tracksuit to receive their awards.*

**IJF, Judo Canada and Judo Alberta rules will apply.**

- Blue judogi optional for U10, U12, and U14 divisions. White judogi is **mandatory for first name** called for a match. Judoka **must** have a white judogi available.
- Judoka must be paid-up member of provincial, state or country association.
- Females must wear a plain **white** t-shirt under judogi.
- **If born in 2012 and apply as an Early Bloomer for U14, they must weigh in for the U14 category. Submitted weight in U12 is not sufficient.**
- For divisions where there is only one competitor the Tournament Chairman or Director may permit exhibition matches provided the separation of the contestants is no more than one weight division higher or lower.
- Weight divisions may be combined. Competitors may only be combined with other competitors who are no more than one weight category lighter or heavier. Actual weights will be considered when divisions are combined. There will be no combining of weight divisions for the U16, U18 or U21 categories
- The tournament director reserves the right to make changes where necessary.

**FORMAT:** 2 competitors – Best 2 out of 3  
3-4 competitors – Round Robin  
5 & more competitors – True Double Knock Out

**WEIGH-IN - Friday February 3, 2023 (no weigh-in Saturday)**

Hiro's Judo Club (#115 1919 – 27th Avenue NE) 6:30 pm to 8:00 pm

**REMOTE WEIGH-IN – Friday, February 3, 2023 (6:30-7:30 PM)**

Tokugawa Judo Club, 9647-62 Ave, Edmonton, AB

Kyodokan Judo Club, 2775 28th Avenue South Lethbridge, AB

**TOURNAMENT SCHEDULE:** (Approximate times dependent on # of competitors; will *not* start before the listed time)

**Block 1 - 9:00 AM**

U10 and U12 Girls and Boys

**Block 2 - 11:30 AM**

U14 Girls and Boys, U18 Women and Men, Veterans

**Block 3 - 2:00 PM**

U16 Girls and Boys, U21 and Senior Women and Men

**WEIGHT DIVISIONS:**

**U10 Girls** (Born 2014-2015)

**U12 Girls** (Born 2012-2013)

**U14 Girls** (Born 2010-2012\*): -30 kg, -33 kg, -36 kg, -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, +63 kg

**U16 Girls** (Born 2008-2011\*): -36 kg, -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, +70 kg

**U18 Women** (Born 2006-2009\*): -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, +70 kg

**U21 Women** (Born 2003-2009\*): -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg

**Senior Women** (Born 2009\* or earlier): -48 kg, -52 kg, -57 kg, -63 kg, -70 kg, -78 kg, +78 kg

**Veteran Women** (all ranks)

(Weight divisions to be decided based on entries)

**U10 Boys** (Born 2014-2015)

**U12 Boys** (Born 2012-2013)

**U14 Boys** (Born 2010-2012\*): -32 kg, -35 kg, -38 kg, -42 kg, -46 kg, -50 kg, -55 kg, -60 kg, -66 kg, +66 kg

**U16 Boys** (Born 2008-2011\*): -38 kg, -42 kg, -46 kg, -50 kg, -55 kg, -60 kg, -66 kg, -73 kg, +73 kg

**U18 Men** (Born 2006-2009\*): -46 kg, -50 kg, -55 kg, -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, +90 kg

**U21 Men** (Born 2003-2009\*): -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg

**Senior Men** Yellow to Blue (Born 2009\* or earlier):

-60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg

**Senior Men** Brown and Black (Born 2009\* or earlier):

-55 kg, -60 kg, -66 kg, -73 kg, -81 kg, -90 kg, -100 kg, +100 kg

**Veteran Men** Yellow to Blue Brown and Black

(Weight divisions to be decided based on entries)

\*In the U14, U16, U18, U21 and Seniors divisions, the Judo Canada Early Bloomer policy may apply to approved competitors. Early Bloomer applications MUST be submitted and approved by Judo Canada at

<https://judocanada.org/early-bloomer-form-formulaire-pour-athlete-precoc/>



**HIRO'S JUDO CLUB**  
ESTABLISHED IN 1957 BY HIRO KANASHIRO

## THE 42<sup>nd</sup> ROCKY MOUNTAIN INVITATIONAL

### Note to Parents of U10 and U12 Athletes:

In keeping with the directions of Sports Canada and Judo Canada, Judo Alberta is following the Long-Term Athlete Development (LTAD) model.

This model states that athletes in the U10 and U12 divisions should be at the stage of **skill development**, and not at a competitive phase of their development.

In the U10 category the tournament will consist of randori sessions of two minutes duration. If one participant dominates the match, by throwing the other for two ippon-level techniques, the referee will stop the match. Otherwise, the match will continue for the continuous two minutes. Participants will be allowed to attempt standing and ground techniques, however, after an ippon throw, no transition to groundwork will be permitted. This is to allow the person being thrown to recover and start again in a standing position.

In the U12 category the tournament will consist of randori sessions of two minutes duration. Time will be stopped when there is a break (matte). When an ippon is scored, the match will be stopped. This is a new change from previous rules.

In the U10 and U12 categories, winners will not be declared after each match as scores will not be recorded and all participants will be recognized for their skill and performance.

Note that in both the U10 and U12 division, mixed gender matches are allowed and may occur if there are inadequate numbers for single gender competition.



**HIRO'S JUDO CLUB**  
 ESTABLISHED IN 1957 BY HIRO KANASHIRO

**THE 42<sup>nd</sup> ROCKY MOUNTAIN INVITATIONAL**

**Club Entry List for U10 (Born 2014-2015) and U12 Categories (Born 2012-2013) only**

All U10 and U12 competitors must check in at the tournament site, so we can confirm their attendance.

Name of Club:			Location of Club:	
Name:	Year Born	Category (U10/U12)	Gender	Actual Weight

**Weights must be confirmed by Club Sensei**

Signature of Club Sensei \_\_\_\_\_